

Inside Out / Hanger Hall Packing List

Dear Parents and students: As you know, the mountains of western North Carolina can bring unpredictable weather. **We want you to be prepared for anything**, so please bring everything on this list. Please leave all valuables behind, and do not bring any food or candy.

Please note; Inside Out picks up all electronics (phones too) upon arrival - given back upon departure.

- _____ shorts
- _____ 1 sweatshirt
- _____ 1 jacket
- _____ 1 pair of jeans
- _____ shirts ***Girls need to wear the Hanger Hall purple shirt on the day of departure!!!
- _____ 2 bathing suits
- _____ pajamas
- _____ underwear
- _____ socks
- _____ bras (optional)
- _____ toiletry articles
- _____ shower caddy or small bag to keep toiletries in
- _____ raincoat
- _____ tennis shoes
- _____ 1 pair Teva-type sandals (water shoes) NO Flip Flops Sandals must have backs
- _____ 1 water bottle
- _____ flashlight
- _____ sunvisor or hat
- _____ sunscreen
- _____ insect repellent
- _____ camera & film (optional)
- _____ Journal
- _____ daypack

Linens: NO GOOSE DOWN! 1 set of sheets (cot or twin), 1 wash cloth, Light-weight comforter (blankets or sleeping bag), 1 pillow, 1 bath towel, 1 beach towel